

This workshop is offered at the following times:

**2011 schedule**

**January 20**  
6 pm – 9 pm

**March 16**  
6 pm – 9 pm

**May 19**  
6 pm – 9 pm

**September 21**  
6 pm – 9 pm

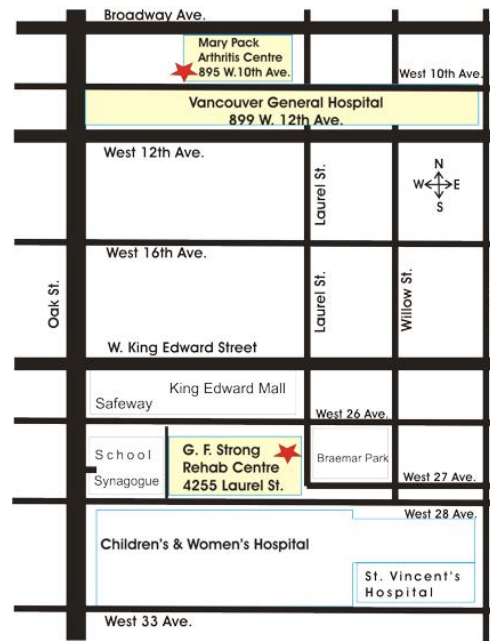
**November 17**  
6 pm – 9 pm

**Location**

GF Strong Rehab Centre  
4255 Laurel Street  
Vancouver, BC V5Z 2G9

Social Services Seminar Room  
(#189, main floor)

**How to Find Us**



# Understanding Traumatic Brain Injury

A Workshop for  
Families & Friends



G.F. Strong Rehab Centre  
Acquired Brain Injury Program

4255 Laurel Street  
Vancouver, BC V5Z 2G9

For more information please contact:  
Educator  
Tel: 604-737-6221

For more copies, go online at <http://vch.eduhealth.ca> or email [phem@vch.ca](mailto:phem@vch.ca) and quote Catalogue No. **FM.337.UN5**  
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## Is this for you?

### **Everyone is welcome.**

This workshop is for survivors, families and friends who want to learn more about life after a brain injury.

### **Is there a cost?**

No, this workshop is free to attend.

### **Do I have to register?**

Registration is not needed, but we would like to know how many of your family members and friends will be joining us.

Please let us know by contacting 604-737-6221.

## Workshop Description...

This is a chance for survivors, families and friends to learn about how the brain works, brain injury and recovery. We also talk about life after a traumatic brain injury, including strategies to help and available resources.

## Workshop Format...

- This 3 hour education session is facilitated by a doctor and educator from the Acquired Brain Injury Program at GF Strong Rehab Centre.
- It is open, informal and a chance to learn from others whose lives are changed by brain injury
- Your concerns, questions and experiences guide the session.

## What will I learn?

You will learn about:

- the brain and how it works
- the many changes that happen after a brain injury
- practical rehabilitation strategies to help
- life after brain injury and resources to help you through your journey

## More questions?

For more information please call the GF Strong Educator at 604-737-6221.

